

Movband5

Quick Start Guide



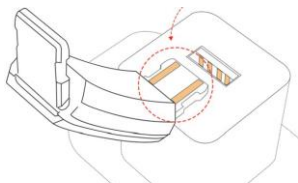
Need Help? Contact support@engagemoves.com

Charge your Movband5.

1. Remove the wristband on the side with the home button (small rectangle).



2. Plug the device into any USB charging port.



3. The device will buzz and display the battery icon if plugged in correctly.
4. Fully charge the device (1-2 hours).

Download the Engage Moves M5 App.

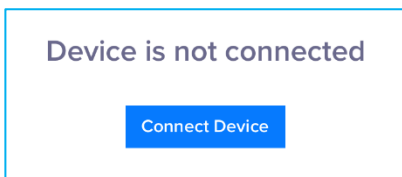
Search **Engage Moves M5** in the App Store or Google Play.

*Requires iOS 9.0 Android 4.4 and newer version.



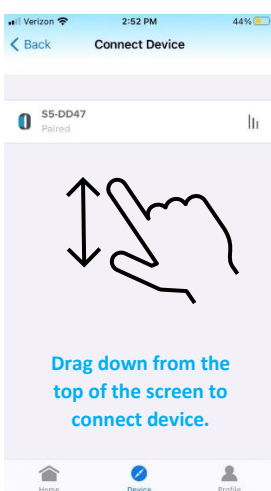
Create Account & Connect your Movband5.

1. Use the App to create an account and join your group with your invite code.
2. Login to your account and allow the device to pair to your phone and allow notifications.
3. Press the blue Connect Device button.

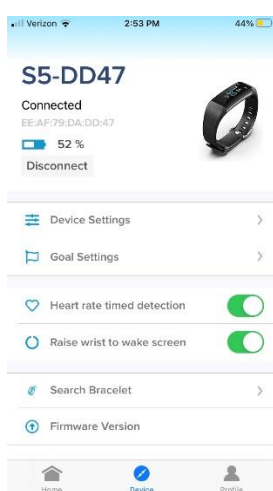


4. You may need to drag down on the device screen a few times until the device appears.

Connect Device:



Successful Connection:



Get Moving & Sync!

5. Once connected, wear your device for 30 minutes.
6. Sync by closing, then re-opening the App or just drag down on the home screen to complete registration and data transfer.

NOTE: Your account will only begin tracking activity after your first sync.

Successful Sync



SYNC DAILY!

The Device will only store 3 days of data.

We cannot recover lost data that was not synced.

Movband5 disconnected?

1. Go to Bluetooth settings on your phone.
2. Forget the device.
3. Open the App, and reconnect it on the Device tab.

NOTE: To avoid possible disconnection, do not logout of the app.

Visit engagemoves.com/Movband5 for additional features and troubleshooting information.

or

Email us @ support@engagemoves.com

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